

**Rules:**

**Inner rectangle hits are worth 1 point**

- **Outer rectangle hits are worth 0.5 points**



**Stage 1: 5 round strings**

Goal: < 5 seconds from low ready (+1 second from draw)

\_\_\_ / 5 rounds @ 5 yards

\_\_\_ / 5 rounds @ 10 yards

\_\_\_ / 5 rounds @ 15 yards

**Stage 2: 1 round, reload, 1 round**

Goal: < 4 seconds from low ready

\_\_\_ / 2 rounds @ 7 yards

\_\_\_ / 2 rounds @ 5 yards

\_\_\_ / 2 rounds @ 3 yards

**Stage 3: 3 round strings**

Goal: < 3 seconds from low ready (+1 second from draw)

\_\_\_ / 3 rounds @ 3 yards

\_\_\_ / 3 rounds @ 5 yards

\_\_\_ / 3 rounds @ 7 yards

**Stage 4: 3 round strings**

Goal: < 2 seconds from compressed ready

\_\_\_ / 3 rounds @ 7 yards

\_\_\_ / 3 rounds @ 7 yards

\_\_\_ / 3 rounds @ 7 yards

**Stage 5: single handed shooting**

Goal: < 3 seconds from center press

\_\_\_ / 2 rounds @ 5 yards strong hand

\_\_\_ / 2 rounds @ 5 yards strong hand

\_\_\_ / 2 rounds @ 5 yards strong hand

\_\_\_ / 2 rounds @ 5 yards weak hand

\_\_\_ / 2 rounds @ 5 yards weak hand

\_\_\_ / 2 rounds @ 5 yards weak hand

**Stage 6: 6 round string**

Goal: < 5 seconds from low ready (+1 second from draw)

\_\_\_ / 6 rounds @ 15 yards